



THE ODDFELLOWS ARMS

Proper Food

WHILE YOU PONDER

ONION RING LAZY SUZY small £5.45 Large £8.95

Beer Battered Onion Rings, with Harissa, Garlic Mayo, Sweet chili & BBQ

POPPADUM LAZY SUZY Small £4.95, Large £7.95

Crispy Popadums, with Mango Chutney, Raita, Lime Pickle, Garlic Pickle

STARTERS & LIGHT BITES

CHEF SOUP (GFA) £7.50

Homemade sourdough and homemade butter

HAGGIS PASTY £11.50

Proper Scottish haggis wrapped in all butter puff pastry, damson chutney & 12 Year Matured Aberlour Whisky Reduction

CUMBRIAN BEEF TATAKI CARPACCIO (GF) £12.95

Seared fillet of Cumbrian beef, thinly sliced with ponzu, truffle, rocket & parmesan Reggiano

CRISPY BATTERED SQUID RINGS £10.50

Tossed in garlic, chilli & lime, with a roasted lemon & garlic aioli

GOATS CHEESE TART (V) £10.95

Red onion marmalade, goats cheese & port soaked figs, in a short crust pastry tart, topped with raw honey, aged balsamic, candied walnuts, summer leaves

KOREAN POPCORN CHICKEN £11.30

Crispy double fried chicken pieces, tossed in a medium hot Korean sweet and sour glaze, Asian vegetables

KING PRAWNS (SF) £12.25

Pan seared prawns with warm ciabatta, lemon & fresh rocket, choose between garlic butter or garlic & chilli

YAKITORI CHICKEN (GF) £10.95

Charred chicken fillets & spring onions, Asian salad & crispy noodles

MONKFISH BITES £12.10

Panko coated monkfish nuggets, lemon & garlic marinade, Chilled tomato & Basil Pesto dip

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ROSTI POTATO BASKETS

Crispy potato baskets, filled with awesome ingredients

GOATS CHEESE & PESTO (GF)

Tasty goats cheese, basil pesto, confit garlic, rocket, parmesan Reggiano, tomato fondue and aged balsamic £13.50

SMOKED SALMON & CREAM CHEESE (GF)

Herb cream cheese, Scottish smoked salmon, citrus dressed spinach & capers £14.25

BREAD BOARDS

THE BALSAMIC ONE (GFA)

Warm ciabatta, flatbread, garlic infused olive oil, confit garlic, aged balsamic £7.45

THE NUTTY ONE (N-GFA)

Warm ciabatta, Flatbread, garlic infused olive oil, dukkah, za'tar & sumac £10.95

THE SIMPLE ONE (GFA)

Not so simple. Homemade butter, truffle infused, with sea salt, with our own homemade sourdough bread £9.75

FLATBREADS

warm flatbreads (DF with no raita)

TANDOORI CHICKEN

warm flatbread, topped with mango chutney, fresh salad & raita, finished with tandoori chicken £13.95

TANDOORI LAMB

warm flatbread, topped with mango chutney, fresh salad, raita and tandoori lamb £14.95

TANDOORI VEGETABLE FLATBREAD (V)

warm flatbread, topped with mango chutney, fresh salad & raita, finished with tandoori chicken £10.95

RED ONION & GOATS CHEESE (V)

Garlic butter basted flat bread, topped with goats cheese & red onion marmalade, baked then topped with fresh rocket and red onion £11.45



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Food is Medicine

A unique selection of dishes designed for health and wellness.
based on high protein, high nutrition, healthy fats, low carbs and nothing processed.
Similar to Keto, simple tasty food that is good for you,
good for your digestion and great for your microbiome.

SWEET POTATO BASED

Baked sweet potato base, simply seasoned with house roasted black pepper & Celtic salt, choose your topping

MOO COW MOO (GF) £29.85

as mentioned above, topped with medium rare ribeye steak slices, half avocado, double fried egg & cayenne pepper

FEH THE WATER £16.75

as mentioned above, topped with cold smoked salmon, avocado, cottage cheese & grilled lemon

THE CRUSTATIONS £16.95

as mentioned above, topped with shawarma spiced king prawns, half avocado, spinach, raw honey & yoghurt

THE VEGGIE ONE (GF) £14.95

as mentioned above, topped with double fried egg, avocado, cottage cheese & raw honey

THE CLUCKER £16.95

as mentioned above, topped with chargrilled breast of Cumbrian chicken, mixed naked salad, cottage cheese & pomegranate malaises

SALADS & PLATTERS

Fresh & Tasty Salads with Homemade Ingredients

DUCK & GOAT SALAD

(V & GFA)

Confit duck leg, crumbled goats cheese, marinated figs, candied walnuts, aged balsamic, crisp leaves, plum tomato, cucumber & red onion £17.25

BAKED CAMEMBERT

(V & GFA)

Homemade pickles, red onion marmalade, marinated olives, grilled artichoke, confit garlic, aged balsamic, warm ciabatta £16.95

THE CAESAR

Proper homemade dressing, gem lettuce, salted anchovies, parmesan Reggiano & focaccia croutons £13.75

Add Prawns £4.95

Add chicken £3.95

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ODDFELLOWS BURGERS

We serve our burgers in a lightly toasted brioche bun with crispy baby gem lettuce, beef tomato & red onion. Served with red cabbage slaw, relish & sweet gherkin. Add toppings, sauces or upgrade your fries.

Gluten Free and Allergen options are available, please inform your server of any allergies

BURGERS

DF available

TRIO OF MOOS (DFA) £17.85

8oz handmade beef burger, utilising specific cuts of beef, shin, flank and chuck to make a really tasty burger

HOLY CLUCK (DF) £17.25

Herb and spice coated breast of Cumbrian chicken

CHEESY FUNGUS (GFA) £15.95

Field mushroom, brushed with olive oil and seasoned, topped with halloumi cheese & baked

SWEET POTATO FALAFEL (GFA) £16.15

5 piece handmade sweet potato falafel, with homemade harissa

KATSU £17.85

Togarashi marinated breast of butterflied Cumbrian chicken, coated in panko crumb, with sesame mayo & katsu ketchup

MOVING MOUNTAIN VEGAN BURGER (GFA)

£17.45

The Moving Mountain Burger, 100% plant based - made from a scientific blend of proteins, vegetables and a base of wild mushrooms creating a meat like taste, with raw slaw and homemade vegan bun

SIMPLE BURGER (GFA) £12.50

keep it simple and have your burger with just a bun and fries, chicken or beef

TOPPINGS

**MATURE CUMBRIAN CHEDDAR
£1.05**

HARRISON'S BACK BACON £2.15

BBQ PULLED PORK £2.75

BAKED GOAT'S CHEESE £2.85

HALLOUMI £2.85

SAUCES & CHUTNEY'S

GARLIC MAYO £1

HARISSA £1

MANGO CHUTNEY 95p

MALAYSIAN GLAZE £1

KATSU KETCHUP 95p

ONION MARMALADE £1.05

SESAME MAYO 95p

FRIES

SKIN ON FRIES, INCLUDED

HAND CUT CHIPS + 85p

SWEET POTATO FRIES + 95p

HALLOUMI FRIES £1.95

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THE GRILL

We use 28 day dry aged Scottish steaks. All Steak served with baked plum tomato, summer salad and double cooked hand cut chips

10 OZ SIRLOIN STEAK £27.75

10 OZ RIBEYE £29.75

10 OZ FILLET STEAK £24.95

8 OZ RUMP STEAK £23.45

HALLOUMI STEAK £18.75

Chargrilled halloumi steak 7OZ, finished with a rich spiced Malaysian umami glaze or sweet chilli glaze

CUMBRIAN 14 OZ PORK

THOMAHAWK £23.95

EXTRA SIDES

DOUBLE COOKED CHIPS £4.95
spice them up or truffle & parmesan for £1

SWEET POTATO £4.75
spice them up or truffle & parmesan for £1

HALLOUMI FRIES £
Glazed them in homey, sweet chilli or Malaysian glaze for 75p

ROCKET & BALSAMIC SALAD £4.25

SUMMER SALAD £4.65

SUMMER VEGETABLES £4.95

2 LOCAL FREE RANGE EGGS FRIED
£2.50

BEER BATTERED ONION RINGS £4.25

SKIN ON FRIES £4.50
spice them up or truffle & parmesan for £1

SAUCE

add a homemade sauce to compliment you choice of cut

PEPPERCORN SAUCE £2.75

PORT & WILD MUSHROOM £2.75

BLUE CHEESE SAUCE 2.75

WILD GARLIC BUTTER £2.25

CHIMICHURRI BUTTER £2.15

SEXY FOOD

MONKFISH SCAMPI £24.75

Lemon & Garlic marinated monkfish, with Romanesco sauce, summer salad & new potatoes

24 HOUR BRAISED CUMBRIAN BEEF CHEEK (GF) £22.95

with port and wild mushroom jus, braised summer vegetables & wild garlic mash

PULLED BEEF & WILD MUSHROOM PASTA (GFA) £19.85

Pulled Beef Cheek, wild mushroom & spinach, with a port and beef stock reduction, finished with parmesan Reggiano, Black Truffle & rocket

DOUBLE CONFIT DUCK LEG (GF) £23.95

Locally sourced duck leg, slow cooked in Wainwright & Red Wine, red wine jus, crushed sweet potato, roast carrots and crispy kale

PANKO CHICKEN BREAST £19.25

Either Katsu style, Katsu curry sauce, white rice & Asian vegetables,
OR

Parmigiana, tomato ragu tossed with rigatoni pasta & spinach, with broccoli florets, topped with parmesan Reggiano

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Pub Grub

Traditional pub food, done proper

DRUNKEN COW SLAB £19.25

Cumbrian beef topside cooked ale, homemade shortcrust pastry, proper gravy & summer vegetables, choose between buttery mash or double cooked chips

COSY SHRIMPS (SF) 8 pc £13.95, 12 pc £16.35

breaded scampi tails, served with house dressed summer salad, skin on fries, lemon & homemade tartar. Spice them up by sauteing your scampi in garlic & chilli + 85p
DF

THE FISH & CHIPS £19.25

Beer-battered and golden fried Haddock, with double cooked chips, lemon, homemade tartar, choose between mushy peas, garden peas or summer salad. (GFA) gluten free battered with skin on fries or steamed

PROPER RIGATONI BOLOGNAISE (GFA) £17.45

with Italian rocket, parmesan Reggiano & wild garlic bread
Spice it up with garlic & chilli for £1.50

THE RIB TICKLER Small - £15.45, double up + £4.75

slow cooked pork ribs, house salad, homemade slaw & skin on fries. Choose either honey & BBQ, Malaysian glaze or salt & pepper

CURRIES

(GF) We import our own Indian herbs and spices to create proper lip smacking flavours, served with mango chutney, raita, pilau rice & poppadum, please ask for today's varieties.

Half and Half rice & chips for 75p

TANDOORI CHICKEN £17.45

TANDOORI LAMB £17.95

TANDOORI VEGETABLE £15.25

BEEF CHEEK £19.50

KING PRAWN £18.95

OR TRY OUR GOAN CURRY
£19.95

Available with Goat or mixed fish

LOADED FRIES

BBQ PULLED PORK & MATURE
CUMBRIAN CHEDDAR £11.45

KOREAN POPCORN CHICKEN FRIES
£13.45

PULLED BEEF, WILD MUSHROOM,
TRUFFLE & PARMESAN REGGIANO
£13.25

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SOMETHING SWEET

CHILLED STRAWBERRY CHEESECAKE £7.75

Set Creamy Strawberry cheesecake, sable & digestive base, strawberry syrup & Vanilla ice cream

THE STP £7.75

Homemade sticky toffee pudding, with toffee & salted caramel sauce, toffee pieces & Thunder & Lightning ice cream

THE INDULGENT ONE (GF) £7.85

Flourless baked chocolate pudding, with bozzey cherries, chocolate syrup, dark chocolate soil & milk chocolate ice cream

LEMON POSSET £6.95

Light and zesty lemon posset, topped with fresh berries, with Homemade proper shortbread

RASPBERRY & WHITE CHOCOLATE MERINGUE ROULADE £7.75

Fresh Meringue, rolled with a white chocolate Chantilly & fresh strawberries, with white chocolate sauce & Vanilla ice cream

CUMBRIAN CHEESE BOARD £12.50 GFA

Selection of Cumbrian cheese, with apple & damson chutney, local butter, fresh fruit & crackers

AFFOGATO (GF) £6.95

coffee cup set vanilla ice cream, pistachio puree, chopped pistachios, topped with espresso coffee

ICE CREAM

VANILLA ICE CREAM £2.15

CHOCOLATE ICE CREAM £2.30

STRAWBERRY ICE CREAM £2.20

THUNDER & LIGHTENING ICE CREAM
£2.25

RASPBERRY RIPPLE £2.25

TOPPINGS

TOFFEE PIECES (GF) 75p

DARK CHOCOLATE SOIL 90p

WHITE CHOCOLATE SOIL 85p

GRIOTTINE CHERRIES 95p

SAUCES

RASPBERRY 50p

CHOCOLATE 60p

STRAWBERRY 50p

SALTED CARAMEL 65p

SORBET

LEMON SORBET £2.35

RASPBERRY SORBET £2.35

MANGO SORBET £2.35

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